Pre and Post-Assessment Questions

Act/Evaluate/Record Your CPD

1. True or False: The ACT stage is the implementation of my plan using structured learning activities.
   a. **False**: The ACT stage is the implementation of my plan using structured and unstructured learning activities.

2. The ACT documentation stands for:
   a. Act Continuously Teaching
   b. **Activity Completion Tracker**
   c. Action Completed Time
   d. Always Count Time

3. The ACT documentation should:
   a. Document learning activities
   b. Tie to learning objectives
   c. Tie to evaluation of learning needs
   d. Track changes and implementation within practice
   e. **All of the above**

4. Which of the following activities should not have an ACT sheet?
   a. A webinar for ACPE credit
   b. A diabetes conference you attended with nurse practitioners
   c. **A discussion with colleagues about patient pet peeves**
   d. A drug information question you spent three hours completing

5. Learning that starts at ACT is an example of:
   a. Structured learning
   b. **Unstructured learning**
   c. Timed learning
   d. Collaborative practice

6. True or False: A learning objective can be developed after an activity.
   a. **True**: A learning objective may be developed post hoc to evaluate learning, implementation to practice and future learning needs.

7. Which of the following competency areas best describes a lecture you may attend?
   a. **Knowledge**
   b. Skills
   c. Attitudes
   d. Values

8. Which of the following lists levels of evaluation by increasing complexity:
   a. Participation, Patient Outcomes, Satisfaction
   b. Population Health Outcomes, Patient Outcomes, Participation
   c. **Participation, Learning, Patient Outcomes**
9. True or False: Evaluation leadings to reflection, completing the CPD cycle and initiating a new one.
   a. True

10. Which of the following is necessary for a CPD Portfolio
    a. Personal
    b. User-friendly
    c. Dynamic
    d. Updated
    e. All of the above