

NAME:	

Portfolio Contents:

- ✓ REFLECT
- ✓ ACT (Activity Completion Tracker)
- ✓ PLAN
- ✓ LOG (Learning Outcomes Growth)

REFLECT

	other healthcare providers do you interact egularly?	Describe the interaction:			
custor	n direct patient care, who are your mers? Or whom do you interact with on a r basis?				
Profe	ssional Strengths and Opportunities fo	or Development:			
1.	List work-related situations from the past lea	arning cycle in which you felt confident or competent:			
2.	2. What knowledge/skills contributed to the successes above? (You may want to create a learning objective to further develop this skill/strength)				
3.	3. List work-related situations from the past learning cycle that you need to feel more comfortable or satisfied with:				
4.	4. What knowledge/skills would you want to develop or improve to better manage similar situations in the future?				
5.	5. What areas of improvement does your supervisor recommend from your performance improvement (optional)?				
6.	6. What knowledge/skills, attitudes or values do you need to work on or acquire for the coming learning cycle?				
	 Knowledge 				
	• Skills				
	• Attitudes				
	• Values				

PLAN: Personal Learning Plan

Goal	Resources	Dates	ACT
SMART Learning Objective	Planned Activities		Done?
		Start Date	
		Goal finish	
		date	
		Actual finish	
		date	
		Start Date	
		Goal finish	
		date	
		Actual finish	
		date	
		Start Date	
		Goal finish	
		date	
		Actual finish	
		date	
		Start Date	
		Goal finish	
		date	
		Actual finish	
		date Start Data	
		Start Date	
		Goal finish	
		date	
		Actual finish	
		date	

;	S =Specific	M =Measurable	A =Acceptable	R =Realistic	T =Timeframe

ACT (Activity Completion Tracker)

Date:	Ti	me spent engaged in lear	ning: hours
Learning Objective(s)	What did you want to	learn? (Use SMART object	ives)
Learning Resources Wh	at did you use to achieve	e your objective?	
Evaluation & Reflection			
Describe your learning ex	perience. Consider the f	ollowing:	
☐ What did you learn	?		
☐ Were your learning	needs met? □Fully	□Partially	□Not at all
☐ If your learning objection and how may they		what challenges or obstacl	es did you encounte
☐ What new learning	needs identified as a res	sult of this learning experier	nce?
Personal Notes:			
Outcomes			
Identify which outcome(s)	apply to this learning ac	tivity.	
☐ How will you chang	e your practice based or	n this learning? (Set specifi	c goals)
☐ I plan to pursue add	ditional information. (<i>If</i> so	o, what, when and how?)	
☐ The findings reaffire	,	ills and no change is neede	d to my

LOG – Learning Outcomes Growth)

Date(s)	Learning Activity (If applicable, include Name of Provider and ACPE UAN)	Time	Outcome(s)	Next Steps (Growth)

Plan to update this LOG on an ongoing basis. Start a new LOG each year.