

## Pre and Post-Assessment Questions

### Act/Evaluate/Record Your CPD

1. True or False: The ACT stage is the implementation of my plan using structured learning activities.
  - a. **False:** The ACT stage is the implementation of my plan using structured and unstructured learning activities.
2. The ACT documentation stands for:
  - a. Act Continuously Teaching
  - b. Activity Completion Tracker**
  - c. Action Completed Time
  - d. Always Count Time
3. The ACT documentation should:
  - a. Document learning activities
  - b. Tie to learning objectives
  - c. Tie to evaluation of learning needs
  - d. Track changes and implementation within practice
  - e. All of the above**
4. Which of the following activities should not have an ACT sheet?
  - a. A webinar for ACPE credit
  - b. A diabetes conference you attended with nurse practitioners
  - c. A discussion with colleagues about patient pet peeves**
  - d. A drug information question you spent three hours completing
5. Learning that starts at ACT is an example of:
  - a. Structured learning
  - b. Unstructured learning**
  - c. Timed learning
  - d. Collaborative practice
6. True or False: A learning objective can be developed after an activity.
  - a. **True:** A learning objective may be developed post hoc to evaluate learning, implementation to practice and future learning needs.
7. Which of the following competency areas best describes a lecture you may attend?
  - a. Knowledge**
  - b. Skills
  - c. Attitudes
  - d. Values
8. Which of the following lists levels of evaluation by increasing complexity:
  - a. Participation, Patient Outcomes, Satisfaction
  - b. Population Health Outcomes, Patient Outcomes, Participation
  - c. Participation, Learning, Patient Outcomes**

- d. Learning, Satisfaction, Patient Outcomes
9. True or False: Evaluation leadings to reflection, completing the CPD cycle and initiating a new one.
- a. **True**
10. Which of the following is necessary for a CPD Portfolio
- a. Personal
  - b. User-friendly
  - c. Dynamic
  - d. Updated
  - e. **All of the above**