



CPD 101 Post-Test

- 1) How was Continuing Professional Development defined by the five-state pharmacy pilot?
 - a. Structured process or activity of education designed or intended to support the continuous development of pharmacists to maintain and enhance their professional competence
 - b. Self-directed, ongoing, systematic and outcomes-focused approach to learning and professional development**
 - c. Reflection, planning, action, evaluation and documentation
 - d. All of the above

- 2) Which of the following is not a characteristic of traditional CE activities?
 - a. Needs are predetermined by the CE provider
 - b. Relevance of program content may be absent
 - c. Directed by others
 - d. All of the above are characteristics of traditional CE activities**

- 3) Which of the following are characteristics of CPD? Circle all that apply:
 - a. Motivation is driven by external factors
 - b. Needs are self identified**
 - c. Process is directed by others
 - d. Learning and planning are cyclical and ongoing**

- 4) List the components of CPD
Reflection, Planning, Action, Evaluation, Documentation

- 5) True / **False**: CPD in the United States is being driven by legislation as a replacement of traditional CE.

6) Which of the following are methods that can increase the effectiveness of CE activities? Circle all that apply:

- a. Activity is selected because of a professional learning need**
- b. Activity is relevant to an individual's daily pharmacy practice**
- c. More CE credit is allocated to the activity
- d. All of the above are methods

7) True / **False**: Self-appraisal and assessment are additional terms for reflection

8) What do the letters SMART refer to in SMART learning objectives?

- a. Scientific, Measurable, Analytical, Researched, and Timed
- b. Suitable, Measurable, Abbreviated, Referenced, and Timed
- c. Specific, Measurable, Assessable, Realistic, and Timed
- d. Specific, Measurable, Achievable, Relevant, and Timed**

9. What are some potential outcomes of the evaluation phase in CPD?

- a. Determine if learning objectives have been met
- b. Determine if and how practice changes have occurred
- c. Identification of additional reflection, planning, and action needed to complete the learning objective
- d. All of the above are potential outcomes of evaluation**

10. Complete the following statement developed by the Chartered Institute of Personnel and Development (CIPD): "Wherever you are on your development path..."

- a) Prepare to move forward**
- b) Prepare to be overwhelmed
- c) Prepare to be prepared
- d) Prepare to use CPD