1) How was Continuing Professional Development defined by the five-state pharmacy pilot?

a. Structured process or activity of education designed or intended to support the continuous development of pharmacists to maintain and enhance their professional competence

b. Self-directed, ongoing, systematic and outcomes-focused approach to learning and professional development

c. Reflection, planning, action, evaluation and documentation

d. All of the above

2) Which of the following is **not** a characteristic of traditional CE activities?

a. Needs are predetermined by the CE provider

b. Relevance of program content may be absent

c. Directed by others

d. All of the above are characteristics of traditional CE activities

3) Which of the following are characteristics of CPD? Circle all that apply:

a. Motivation is driven by external factors

b. Needs are self identified

c. Process is directed by others

d. Learning and planning are cyclical and ongoing

4) List the components of CPD

5) True / False: CPD in the United States is being driven by legislation as a replacement of traditional CE.
6) Which of the following are methods that can increase the effectiveness of CE activities? Circle all that apply:
   a. Activity is selected because of a professional learning need
   b. Activity is relevant to an individual’s daily pharmacy practice
   c. More CE credit is allocated to the activity
   d. All of the above are methods

7) True / False: Self-appraisal and assessment are additional terms for reflection

8) What do the letters SMART refer to in SMART learning objectives?
   a. Scientific, Measurable, Analytical, Researched, and Timed
   b. Suitable, Measurable, Abbreviated, Referenced, and Timed
   c. Specific, Measurable, Assessable, Realistic, and Timed
   d. Specific, Measurable, Achievable, Relevant, and Timed

9. What are some potential outcomes of the evaluation phase in CPD?
   a. Determine if learning objectives have been met
   b. Determine if and how practice changes have occurred
   c. Identification of additional reflection, planning, and action needed to complete the learning objective
   d. All of the above are potential outcomes of evaluation

10. Complete the following statement developed by the Chartered Institute of Personnel and Development (CIPD): “Wherever you are on your development path…
    a) Prepare to move forward
    b) Prepare to be overwhelmed
    c) Prepare to be prepared
    d) Prepare to use CPD