CPD 101 Exercises

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Exercise #1



3-5 minutes

♦ What was the last memorable CE activity you attended?

♦ Why was it so valuable?

♦ What type of educational methods do you typically enjoy or learn the most from?

♦ Describe your ideal educational activity.

♦ How do you keep up with the professional literature?





- ♦ What was the most recent CE activity you attended?
- ♦ Name three things you learned.

1.

2.

3.

♦ Name one thing you did as a result of what you learned.

Exercise #3



2-3 minutes

♦ What knowledge and skills do you want or believe you need to improve your current pharmacy practice?





♦ What common disease states or med 3 to 5)?	ical problems do you	r patients present with (list top
1.		
2.		
3.		
4.		
5.		
♦ What drug information questions do you regularly receive from patients or physicians?		
♦ Break-down your day by percentage of	of time spent on activ	ities, such as:
Direct patient care	Dispensing	Management
Program Management	Marketing	Other
♦ What professional services do you cu	rrently provide at you	r pharmacy practice?
♦ What professional services do you wa	ant to provide?	





♦ Identify and list two or three potential learning needs or opportunities for your pharmacy practice

1.

2.

3.

Exercise #6



3-5 minutes

- ♦ Select one of the needs identified in the Reflection Exercise #5
- ♦ Write a SMART learning objective that describes what you want to learn. S=Specific, M=Measurable, A=Achievable, R=Relevant, T=Timed

♦ Identify resources you would need to achieve this.





3 - 4 minutes

- ♦ Based on the learning objective developed and the resources identified in Exercise #6, how would you evaluate:
- the extent to which you achieved the objective

♦ the impact of your learning

what you might want or need to do next