Assessment questions - Using Reflection To Create A Plan

1. Which of the following statements is FALSE regarding reflection by pharmacists
   a. Tools from organizations such as APhA have been developed to help pharmacists reflect on their knowledge and skills
   b. Reflection is important to learning
   c. It can only be done by being proactive and scheduling time to determine professional goals
   d. Opinions from peers and supervisors should be considered

2. Which of the following statements is TRUE regarding personal development plans?
   a. Usually the plan is set at the beginning of the year and should not be changed to keep the pharmacist on track with their professional goals
   b. It is best to use learning goals that are general
   c. Multiple learning methods will help pharmacists achieve sustainable learning
   d. Traditional CE is not a component of the personal development plan

3. Which of the following is a reflection tool?
   a. Professional Profile
   b. Mission Statement
   c. Current Work Environment and Professional Status
   d. All of the above

4. Which of the following does not contribute to our competence in practice?
   a. Knowledge & Skills
   b. GPA
   c. Values
   d. Attitudes

5. Which of the following are stimuli for self awareness?
   a. Discussion with peers or other health care professionals
   b. Dealing with patient or practice problems
   c. Teaching, precepting or preparing a presentation
   d. All of the above

6. Which of the following is not a source for self assessment of non clinical practitioners
   a. JCAHO
   b. Organizational goals
   c. Job standards and performance reviews
   d. None of the above

7. Long term goals are typically considered to be
   a. 0-3 months
   b. >6 months
   c. >12 months
   d. 3-5 years

8. Which of the following is NOT a measurable verb
   a. Understand
9. Which of the following is a measurable verb
   a. Propose
   b. Apply
   c. Describe
   d. All of the above

10. Which of the following is an example of a SMART objective?
    a. List antivirals and their use in seasonal and H1N1 flu by September
    b. Compare and contrast antivirals by May 2010
    c. Know antivirals by September 2010
    d. Discuss antivirals and their use in seasonal flu by September 2010