

Accreditation Council for Pharmacy Education Continuing Professional Development (CPD) Newsletter



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You may access CPD newsletters and other information about Continuing Professional Development on the [ACPE website](#).

Please do not hesitate to contact [ACPE staff](#) with questions related to Continuing Professional Development. Reach us by phone at 312.664.3575.

1. ACPE CPD Commission Members

The ACPE Board of Directors approved expansion of the Continuing Pharmacy Education (CPE) Commission to include two members with experience in Continuing Professional Development (CPD). In addition to the CPE Commissioner responsibilities outlined in ACPE CPE Policies and Procedures, duties of the CPD members will involve promoting and facilitating research, analysis and scholarship around CPE/CPD; advising on CPD marketing strategies and public relations; providing feedback and/or assistance with CPD-related initiatives; and assisting in policy development as needed. The two Commissioners whose term will be through December 31, 2022 are:

- **Nicholas Lehman, PharmD, BCACP**, Associate Professor of Pharmacy Practice, Drake University College of Pharmacy and Health Sciences
- **Diane Yoon, EdD**, Associate Director, Office of Continuing Professional Development, University of Southern California (USC) School of Pharmacy

ACPE welcomes Nicholas and Diane to the Commission! Additional details about the CPD Commissioners along with all CPE Commission members can be found on the [ACPE website](#).

2. ACPE CPD Platform (*My CPD*)

Developed as an expansion of CPE Monitor[®], a collaborative service from the National Association of Boards of Pharmacy (NABP) and ACPE, CPE Monitor[®] Plus is a subscription service designed to support pharmacists' maintenance of licensure and continuing professional development. Subscribers can:

- Keep track of CPE requirements and deadlines with notifications and alerts

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- Upload non-ACPE accredited continuing education (CE) credit to relevant state licenses
- Generate reports of CE activity for current licensure period or custom data range
- Create personal development plans, document CE and non-CE learning activities, and demonstrate the impact of learning in practice using the CPD platform

Available via the CPE Monitor[®] Plus mobile app or web browser, the CPD platform (*My CPD*) provides a user-friendly interface to help set the direction of one's professional development and keep it going over time. It can aid in demonstrating that competencies are kept current; providing a record of professional development to fulfill employment or regulatory requirements; and directing career goals or supporting career change.

My CPD – Spotlight on Features

In the LEARN stage of *My CPD*, users can document learning activities that are formal (e.g. attending a CE workshop or taking an on-demand webinar) or informal (e.g. reading articles on a particular topic or discussing an issue with colleagues). For CE activities (ACPE and non-ACPE) recorded in the CPE Monitor transcript, users can search the transcript to select specific activities to assign to a CPD cycle. Once selected and saved, those CE activities will appear in the Activity list along with any non-CE activities the user has recorded.

The screenshots illustrate the workflow for selecting CE activities:

- Search Setup:** The user sets the date range from 06/01/2019 to 08/31/2019 and clicks the Search button.
- Search Results:** A table of activities is displayed. The selected activity is:

Select	Date	Description	Hours	Activity Type
<input type="checkbox"/>	7/15/2019	Evidence-Based Interventions to Promote Learner Interest and Motivation: Indications, MOA, Administration, and Monitoring	1	ACPE
<input type="checkbox"/>	7/15/2019	Co-Curriculum Assessment Modalities Across Accredited Pharmacy Programs	1	ACPE
<input type="checkbox"/>	7/14/2019	Opening General Session: Leadership in Turbulent Times	0.75	ACPE
<input checked="" type="checkbox"/>	7/14/2019	Fostering Innovation in Your CPE Program: Best Practices Workshop for CPE Administrators by CPE Administrators	1	ACPE
- Activity List:** The selected activity is added to the user's activity list:

Activity	Delete
CPE activities by ACPE-accredited providers (0809-9999-18-045-L04-P)	Delete
CPE activities by ACPE-accredited providers (0581-0000-19-047-L04-P)	Delete
Non-ACPE accredited CE (e.g. CME, CNE, board-approved)	Delete
Academic coursework, postgraduate education	Delete

Additionally, *My CPD* allows users to perform a custom search of CE activities offered by ACPE-accredited providers based on competencies selected and professional development objectives created. Keywords with a high degree of relevance to the CPD objective(s) are displayed from which the user can choose. Search results of CE activities

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display in ACPE's Pharmacists' Learning Assistance Network (P.L.A.N.[®]). Searches can be further refined via the P.L.A.N.[®] website as needed.

The image shows a workflow for creating SMART learning objectives and searching for relevant CPD activities. The top section displays the 'CPD Objectives Analyzer' interface, which includes a dropdown menu to select 'What areas do you want to develop or improve?' and a list of 'Pharmacist Competency Areas'. A sidebar on the left allows for selecting specific competency areas like 'Foundational Knowledge' and 'Patient-centered care'. The main area prompts the user to 'Create one or more SMART learning objectives for the areas you have identified.' Below this, there are input fields for 'Objective 1' and 'Objective 2'. A 'Definition of SMART' link is provided. To the right, a 'Your CPD Objectives Analyzer - Relevant Keywords' window lists keywords such as 'Antidepressant Agents', 'Depression', 'Mental Health', and 'Psychiatry' with checkboxes for selection. A 'Search' button is located at the bottom of this window.

The bottom section shows the 'P.L.A.N. Search' results page. A red box highlights the search criteria: 'Competencies: Foundational Knowledge, Patient-centered care', 'Drug Keywords: Antidepressant Agents', and 'Topic Keywords: Depression, Mental Health'. Below this, a table lists search results with columns for Course Title, UAN, Contact Hours (CEUs), City, Activity Type, Live Date, and Exp Date.

Course Title	UAN	Contact Hours (CEUs)	City	Activity Type	Live Date	Exp Date
Depression medication updates and pipeline review	0026-0000-21-001-L01-P	1 (0.1)	Foxborough, MA	Knowledge	03/11/2021	03/11/2021
SAGE-217: "Spicing" up Treatment for Major Depressive Disorder?	0107-0000-20-041-H01-P	1 (0.1)		Application		01/01/2021
Introduction to Mental Health First Aid for the Pharmacy	0202-0000-19-247-H04-P	4 (0.4)		Application		09/01/2021
New Therapeutic Agents Marketed in 2019: Part 2	0202-0000-20-198-H01-P	2 (0.2)		Knowledge		06/01/2021

My CPD User Feedback

ACPE surveyed early users of *My CPD* between November 19 to December 20, 2019, to obtain feedback on accessibility, functionality, frequency of use, and desired improvements to the platform. 284 respondents completed the survey with 12% reporting not yet using *My CPD*. The majority indicated using the platform monthly to every 2-3 months (60%) and that fulfilling regulatory requirements was the primary reason for use (63%). 56% indicated the platform did very to extremely well in meeting professional development needs.

Of 128 respondents providing comment on what they liked about *My CPD*, four themes appeared most frequently: tracking credit (27%), ease of use (25%), meeting licensure requirements (23%), and having everything in one place (23%). Those requesting enhancements noted such things as lower price of subscription service, more troubleshooting/FAQs, improved uploading, finding relevant CE, better navigation, accuracy of records, and CE recorded in transcript sooner.

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ACPE intends continued enhancements to *My CPD* to address the needs of users and other stakeholders. Further information about *My CPD*, including a User Guide, can be found on the [CPD Platform section](#) of the ACPE website. Additional CPD resources can be found on the [CPD webpage](#).

3. CPD Implementation – Share Your Experiences

If you have been involved in putting models of self-directed lifelong learning into action or advancing CPD in the profession, your contribution is highly valued. ACPE is interested in learning about your strategies, practices, and outcomes in promoting self-directed lifelong learning. Submission of approaches to CPD implementation can be submitted [HERE](#). Please share the link with peers and colleagues who are involved in CPD implementation. ACPE will work with contributors to share their stories, tips and tools in a variety of formats.

Interested in implementing CPD within your organization or institution? ACPE can offer guidance and education on integrating the concepts and components CPD for the professional development of pharmacists, student pharmacists, and/or technicians. Please contact [ACPE staff](#) for more information.

4. Recent CPD-Related Publications

Advancing Learning to Advance Pharmacy Practice

Rouse MJ, Trewet CB, Janke KK. Advancing learning to advance pharmacy practice. *J Am Pharm Assoc.* 2018;58(2):151-155. doi:10.1016/j.japh.2017.11.002

As pharmacy practice has rapidly progressed in the last decade, so too has the thinking around the value of CPD. Regular, robust, and intentional CPD is necessary to maximize lifelong learning, close practice gaps, and influence change within the profession. As work with CPD has matured, the value of building CPD habits, the emphasis on applying and sharing CPD-related work, and the importance of employer support have emerged as key variables in successful CPD.

The Benefit of Continuing Professional Development for Continuing Pharmacy Education

Wheeler JS, Chisholm-Burns M. The Benefit of Continuing Professional Development for Continuing Pharmacy Education. *Am J Pharm Educ.* 2018;82(3):6461. doi:10.5688/ajpe6461

When it comes to CE, the primary question we should ask is not “Is CE effective?” but rather “What kinds of CE activities are effective?” In this article, the authors advocate for a CE model that integrates more individualized and intentional CPD is necessary to meet the needs of today’s practitioners. Specific improvements for consideration include a shift beyond an attendance-based credit system, increased focus on interprofessional learning

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and performance, and linking needs-assessment performance gaps with quality improvement.

Pharmacy Students' Perceptions of Reflective Portfolios and their Effect on Students' Deep Information-Processing Skills

Er HM, Jia Ming MK, Keng PS, Nadarajah VD. Pharmacy Students' Perceptions of Reflective Portfolios and their Effect on Students' Deep Information-Processing Skills. *Am J Pharm Educ.* 2019;83(6):6851. doi:10.5688/ajpe6851

To better understand factors influencing students' perceptions of reflective portfolio, Bachelor of Pharmacy students were asked to complete the same questionnaire in years 2, 3, and 4 as well as a semi-structured interview in their fourth year. Factors that correlated to a positive experience were a clear understanding of expectations, constructive mentor feedback, positive learning attitude and motivation, and having user-friendly platform for assignment submissions. Students had an increased appreciation for the educational value of reflective portfolio as they progressed to their final year and improved deep information processing (DIP) skills compared to students from another pharmacy cohort whose curriculum did not include a reflective portfolio.

Development of a tool to assess and advance the effectiveness of preceptors: The Habits of Preceptors Rubric

Larson S, Davis LE, Stevens AM, et al. Development of a tool to assess and advance the effectiveness of preceptors: The Habits of Preceptors Rubric. *Am J Health Syst Pharm.* 2019;76(21):1762-1769. doi:10.1093/ajhp/zxz183

The Habits of Preceptors Rubric (HOP-R) is a robust, systematic tool that identifies 11 habits of effective preceptors to help engage pharmacists in meaningful self-assessment of performance. The potential uses of the HOP-R are multiple, from promoting preceptor development initiatives (e.g. within institutions, residency programs, or colleges of pharmacy) and utilization in local or national preceptor development workshops, to the creation of individualized CPD plans for lifelong professional learning. The authors conclude that intentional, ongoing integration of CPD and purposeful, repeated development of this habit is essential to the acquisition of desired behaviors and skills of effective preceptors.

5. Upcoming Educational Opportunities

ACPE Fall 2020 Events for CPE Providers

ACPE is planning two virtual events in fall 2020: 1) CPE Administrator Workshop and 2) conference focused on the menu of criteria for recognition of CPE Provider Accreditation with Commendation (effective January 1, 2021). Both opportunities will incorporate aspects of CPD for providers and the learners they serve. Additional details will be available in the coming weeks. Stay tuned!

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Leading and Influencing Change in CPD

Developed by The University of Toronto Faculty of Medicine, this advanced certificate program is designed to build leadership capacity through providing the knowledge, tools and skills to lead continuing education initiatives for health professionals in today's complex health care environment. Completely redesigned and now offered digitally, the program will kick off with 2 back-to-back boot camp sessions followed by 11 3-hour modules from October 2020 – June 2021. The program concludes with learner project presentations in June 2021.

In addition to the format, the content has also been refreshed to focus on digital learning and will model how to deliver programs online. Key features will include:

- Engaging use of technology for learning
- 1:1 Coaching
- Networking with other participants and leaders in CPD
- World renowned speakers

If you are interested in promoting excellence, innovation, and change in CPD initiatives for health professionals, join the next cohort this fall. Visit the [program site](#) for more information and registration details

Life Long Learning in Pharmacy

The LLLP conferences bring together international and national colleagues to share their interest and research in the area of pharmacy education and professional development. The conference facilitates participant access to high quality educational programs, internationally significant research and development, and world-renowned leaders in the field.

The theme of LLLP2021 is “The Journey of Learning” and this will be explored during the conference using the following sub-themes:

- Planning the Route – the stages of our learning journey
- Provisions & Companions – things that help us in our journey
- Destinations – where are we going?

Registration information can be found at <https://lllpharm2021.com/registration/>. For more information on the conference, please visit <https://lllpharm2021.com/>.